

KENT DISTRICT LIBRARY

TIP OF THE WEEK:



RESOLVING TO DO MORE FOR YOUR HEALTH IN 2008?

CHECK OUT THE
HEALTH AND WELLNESS RESOURCE CENTER
FOR INFORMATION ON:

- *DISEASES AND CONDITIONS*
- *DRUGS AND HERBAL REMEDIES*
- *LOCAL AND NATIONAL HEALTHCARE PROVIDERS*
 - *HEALTH CALCULATORS*
 - *RISK ASSESSMENT TOOLS*

AVAILABLE TO KDL PATRONS AT WWW.KDL.ORG
RESEARCH DATABASES → HEALTH →
HEALTH AND WELLNESS RESOURCE CENTER

