## General Resources

### Area Agency on Aging of Western Michigan
https://www.aaawm.org/ | (616) 456-5664
Area Agency on Aging of Western Michigan’s mission is to provide older adults and adults living with a disability services designed to promote independence and dignity in their homes and their communities. AAAWM is the source for seniors in Allegan, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Newaygo, and Osceola counties.

### accessKENT
Departments > Community Action > Senior Services (outreach & assistance, transportation, meals, weatherization)

### Elders Helpers
https://www.eldershelpers.com/ | 1-616-454-8305
Works closely with clients and their families to determine which home health care or homemaking services are needed. They then collectively devise a person-centered plan to provide the highest quality of care so that their clients can continue to thrive in the comfort of their own home.

### Elder Law of Michigan
https://www.elderlawofmi.org/ | 866.400.9164
Elder Law of Michigan is a nonprofit charitable organization that promotes and protects the rights, health, and economic well-being of older adults and people with disabilities by providing information, advocacy, legal advice and professional services.

### Kent County Elder Abuse Coalition
http://www.protectkentseniors.org/ | 1-855-444-3911
The Kent County Elder Abuse Coalition is a large group of agencies representing nonprofit, profit, and government organizations dedicated to the elimination of elder abuse in Kent County and surrounding areas.

### United Methodist Community House
https://bit.ly/2S8XVlh | 616.452.3226 x.3013
Partnering with over 60 different community organizations, our seniors department fills the schedule with health screenings, exercise programs, educational programs, and awareness programs.

## Transportation Resources

### Kent County Ride Link
https://www.aaawm.org/ridelink | (616) 774-1288 or toll free (866) 425-3848
RideLink provides Kent County adults, age 60+, affordable transportation throughout Kent County.

### The Rapid Go Bus
GO!Bus is a shared ride, advanced reservation, ADA para-transit service intended to provide a comparable level of transportation to that which is provided by a The Rapid fixed-route bus.

## Food Resources

### Meals on Wheels Western Michigan
https://mealsonwheelswesternmichigan.org | (616) 459-3111
Provides quality nutrition services in a supportive environment to promote health and independence of older adults.

## Lifelong Learning Opportunities

### Forest Hills Public Schools Community Services
https://bit.ly/2RYR0Ox | (616) 493-8950
Offers a variety of fee-based enrichment and technology classes for adults.

### Grand Valley State University Grand Forum
https://www.gvsu.edu/learn/grand-forum-7.htm | (616) 331-6615
The Grand Forum is an membership based educational outreach program for adults 55 and older who are eager to learn, love to meet new people, and enjoy discussing impactful topics with their peers.

### OLLI at Aquinas
https://www.aquinas.edu/olli-aquinas | (616) 632-2430
The Osher Lifelong Learning Institute is a membership-based, lifelong learning program that offers a wide variety of college-level, non-credit lectures, short courses, and special events for intellectually curious adults over age 50.

### Rockford Community Schools Adult Enrichment Programs
Offers a variety of fee-based enrichment and technology classes for adults.

Last updated 1/21/19
Senior Activity Centers

City of Wyoming Senior Center
Provides older adults with a variety of recreational, social and volunteer opportunities. Also provides a variety of health and wellness services.

Northview Senior Citizens
http://www.northviewseniors.org/ || (616) 365-6150
Offers a broad spectrum of programming including weekly classes, monthly activities, lectures, outings and day trips.

North Kent Connect
https://nkconnect.org/seniorservices.php || (616) 866-3478
North Kent Connect works to help seniors by providing specially tailored programs to meet their needs.

Senior Neighbors
https://seniornighbors.org || (616) 459-6019
Promotes the well-being of older adults in Kent County with services that promote self-sufficiency, especially to those with physical, social or economic needs. Centers located in Grand Rapids, Grandville, Lowell, Sparta and Walker.

Salvation Army Kroc Community Center
http://www.grkroccenter.org/seniors.html || (616) 588-7200
Senior programs provide fellowship and community as well as ways for older adults to stay active and involved with fitness classes and activities.

Do you have any questions or suggestions for the Community Resources Workgroup? Contact us at communityresources@kdl.org

Community Resources
Services for Seniors

A starting point for finding resources that can help you maintain an independent, healthy and social lifestyle as you age.

KDL
Kent District Library
KDL will provide accommodations on request for physical access, communications or other needs in order to ensure participation of people with disabilities in services, activities or employment.