Kitchen Band

Grab some pots and pans, bowls, spoons and anything else you can find in your kitchen to make some noise. Help your child find a beat with a wooden spoon and a pot. Experiment with how different materials make different sounds. Ask questions, like "which makes a louder sound, two pan lids banging together or a wooden spoon beating a plastic bowl?" Then, have a big, noisy parade around the house or the yard.

What this is teaching:

Your child will be gaining rhythmic sense, practicing both fine and gross motor skills and learning about cause and effect.